Barriers		Solutions
Lack of awareness	QA	Advertising the opportunity to take part; ensuring media coverage of activities
Lack of interest	ROT	Quality of supply (can impact via word of mouth). As above plus generating social media content; ensuring access for new engagers. Improve training, more volunteers and/or better facilities
Lack of free time	15	Create more and more varied opportunities; provide opportunities which can be woven into routine
Physical ill health		Provide transportation or make use of mobile opportunities that can be brought to people
Limited supply		Build more assets or use existing assets more widely
Affordability	(f)	Lower entrance fees or reduce travel costs